



# Newsletter



No. 5 August 2019

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## Welcome

Once again, I encourage you to read and enjoy this newsletter. This summer has seen many positive and rewarding steps forward.

The simultaneous sponsored walks in Zambia and UK are, we think, a world first. Two parts of our world walking together for the same cause. Amazing!! Two Trustee visits, both moving our projects forward, enabling the very vulnerable children in Zambia to live fruitful lives for themselves, their families and their country. How better can we, who have so much, give a little of ourselves to help these least fortunate children? They are so grateful.

I send our really sincere thanks and greetings to everyone who supports us supporting about 1000 young people in Zambia.

*Rosemary Stanbury, Chair, FPZ*

## News from Kabwe

### Headlines

Greetings to you all.

Always a pleasure to talk to you through the Future Pillars Zambia Newsletter.

Let me straight away inform you that we had a very interesting and productive 2019. As usual, the school received visitors from the UK who really left lasting impressions in the present and future performance of FFCS, especially in the area of teaching/learning and administration.

We had Continuous Professional Development (CPDs) workshops with Barry and Becky who came in May this year. The first CPD was held on the 20<sup>th</sup> May for all the teachers and we looked at effective teaching by exploring learning and lesson planning in which learner-centered methods were the core of the presentation.

The concept of having starter activities in every lesson has spiced up lesson preparation and excitement for both the teacher and the learners. Most of the teachers were challenged by the truths that came out which exposed the need for effective teaching methods. The CPD was followed by monitoring; Barry and Becky joined in monitoring the lessons basing observations on what the teachers had been taught in the CPD. The monitoring helped to establish good teaching practices among the teachers and at the same time root out practices that were not promoting learning through professional and one on one engagement with teachers.

The second CPD was conducted from 24<sup>th</sup> May to 26<sup>th</sup> May 2019 at Nsoke Camp over the weekend. This was for the Senior Leadership at FFCS and that of Nsoke Community School. This workshop equipped the two Senior Leadership Teams with very valuable skills in leading and managing their respective schools. Some of the topics included: Strategic Planning/Leadership and Management, Learning Walks, Leading through Teams, lesson observation tips and In-Tray Exercises among others.

FFCS had another CPD workshop on the 4<sup>th</sup> June. Teachers were re-exposed to Blooms Taxonomy questioning techniques as well as exploring the



## Online Donations

You can now donate online to Future Pillars via [Wonderful.org](http://Wonderful.org)

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- Search for Future Pillars

Or

- Use this link to go straight to our page

**[Wonderful.org](http://Wonderful.org)**

Zambian National Curriculum through Subject Specialist Teams. The teachers enjoyed this concept of working in subject teams from lower grades to senior grades and, so far, it is working out well. We really want to promote subject teams in our school because they will be a very good tool in ensuring that learning is healthy at every grade.

It would be a show of ingratitude if I don't mention the overwhelming support we continue to receive from the people of UK through the Future Pillars Zambia. From this recent container, the school has received very important equipment; the microscope and its system, the filing cabinets - 1 for each current class for proper storage of teaching and learning resources, just to mention a few items.

In conclusion, I wish to thank Barry and Becky for such efforts and passion they have attached in supporting FFCS in its quest to become one of the best schools in Kabwe. Allow me also to thank Rosemary, Peter, Ed, Tim, Lucy and Emma for their visit to our school which was awesome\*. Last, but not least, I wish to thank everyone that has contributed to the improvement of the school through various donations. Your support is really helping in shaping the future of the Orphans and Vulnerable children. God bless you all with long life.

Thank you.

Moses

*Rev. Moses Kopa, Headteacher*

\* Look out for a report on the visit of Rosemary, Peter, Ed, Tim, Lucy and Emma in our next newsletter.

## Teacher Tale

Hi everyone,

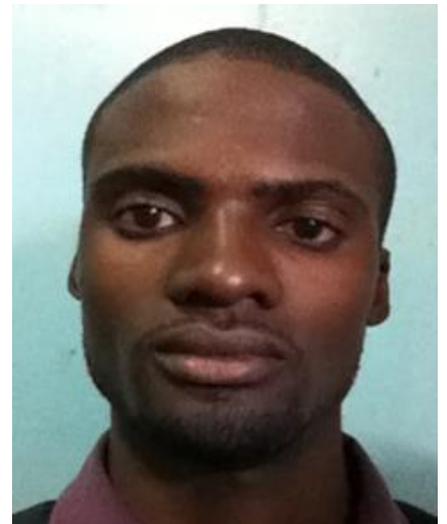
I am a teacher at Family Future Community School and also the link teacher for the Feed 5 project. Our school is located right in the Centre of Kabwe town. I am a holder of a primary teacher's diploma and I teach grades 5 and 7 in the subjects of Technology, Home Economics and Mathematics. I love teaching these subjects because they bring out the real me and I feel free teaching these subjects as they help me connect with the children. I have been at FFCS for a year now and throughout this time, I have seen a lot of development in the area of academic progress and moral standards of the learners.

FFCS is a good place to be and in which to teach, because there is a desire to make this school a very good school in teaching and learning. For me it is an opportunity for both learners and teachers to improve their skills in academic and personal growth.

Since the time I joined FFCS, I have witnessed the school developing in infrastructure, training staff and availability of teaching and learning resources. For this, I really want to give credit to Future Pillars Zambia and all their partners.

I further wish to appreciate the recent initiative "Feed 5", which has excited me very much especially that I am the one spearheading the programme here at school and I get to have firsthand experience of the joy in the eyes of the children who have been given a chance to receive sponsorship of a meal in the programme. I am settling very well in managing the programme and it has also enabled me to learn more about the children we have and their conditions of living. Thank you FPZ for giving me a chance to serve our children in a very practical way.

Flare Kanyika



## Pupil Points

*Head Girl – Patricia writes:*

Sincere greetings to you all.

The first thing I want to tell you is that I love being a pupil at this school.

I have so many reasons why I like my school, some of these are as follows; it is a very nice school, they teach well and when it comes to the exams we are greatly helped by teaching us even during holidays in preparation for the exams, and also they teach us to respect elders and all teachers, they also discipline those who are notorious in school and they encourage us to work hard towards excellence in academics.

My special thanks go to Future Pillars Zambia who are the sponsors of my school and all of us. They have been sponsoring us in terms of teaching and learning materials and provide us a meal on each learning day which helps us to concentrate on learning in school and helps us keep healthy. They have helped us with the construction of our classrooms, and they are yet to build us more classrooms which is very exciting for me. Thank you so much for the wonderful things you are doing for me and many other children, dear Future Pillars Zambia. May God bless you as you make our dreams of having a better future to come to realisation. THANK YOU AND GOD BLESS YOU.



*And now from Head Boy – Lameck*

Warm greetings to everyone.

Being the Head Boy has enabled me to realize that pupils can positively contribute to the wellbeing of the school by performing our duties effectively.

One thing I like about my school is the way the teachers respect each other and the godly principles they teach us to follow in order to be orderly learners.

At this school being a prefect is something I like as it is helping us to gain leadership skills. I am also happy to state that the unwavering support we are receiving from the Administration as well as the teachers at large in executing our duties has really given us a sense of belonging and the desire to do more for the school.

I am also thankful for the different uniform that has distinguished us from the rest of the learners for easy identification which somewhat gives us a sense of pride in being prefects. Meanwhile we are urged to respect other learners and treat them fairly as equals.

My self-esteem has risen and even my grades in all the subjects have risen since I became a prefect because it is one of the factors considered by the school for any learner and I have continued to work hard academically in order to lead by example.

I appreciate the support from our sponsors who never grow tired in seeing the school develop in terms of providing adequate learning and teaching materials as well as infrastructure projects which will eventually see FFCS grow up to Grade 12. I can't explain how happy I am about this development because I know more vulnerable children like me will have chance to learn and complete their school at FFCS in a more straightforward way.

At this school a meal is prepared for us and I enjoy it. I humble myself before FPZ and all the people sponsoring this school and helping children like me who cannot manage to pay school fees. I can only say thanks to Future Pillars Zambia for their kindness, and on behalf of other learners I say thank you so much for your support and may you continue with the same good heart of supporting Family Future Community School. May God bless you that you never lack in your lives.

Thank you.



## Social Media



Did you know that we are on Facebook? Follow Future Pillars Zambia on Facebook to see news of events... and many more photographs!

## Trustee Trip to Kabwe

### Variety is the Spice...

*Barry and Becky Gransden report on their recent visit*

We arrived in Zambia in mid-May for our annual 4-week visit. Unlike recent years, we planned to spend our time in Kabwe only, working with Moses and his team to make inroads into the quality of learning in the school. Evidence from national test results suggests that standards are not acceptable, and we wanted to do something about this. Over many months, we have been communicating with Moses and so much of our preparation was completed before leaving UK.

However, courtesy of the Wimborne knitters, our first task in Kabwe was to hand over the latest consignment of sweaters (the size labels still worn with pride) which we had brought in our own luggage.



Through conversation, joint planning, shared teaching and, separately, formal observation, we engaged with the teaching staff to really grapple with *'what are the hallmarks of a good lesson?'* This was a very demanding time for all concerned. Early on, we had a whole day with the staff on 'Raising the Bar' of performance and then, towards the end of our stay, we facilitated another day on 'Clearing the Bar'. These provided opportunities for teachers to interact with their colleagues to very good effect. Yes, we did communicate clearly that FPZ is in place to empower vulnerable children – not to prop up incompetent or second-rate teaching. Improvement is the only option. We can report that by the end of this visit there were many signs of a positive shift and Moses and his senior team are now well placed to continue effective processes in this pursuit of a better future.

We also managed to take the leadership team away on a study weekend/workshop at Nsobe game camp – 2 hours north by car. So, a lot of hard work, but a wonderful place to relax too. We were joined by the leadership team from the Nsobe Community School. We interrogated what it means to lead effective learning – as well as pursuing a number of activities on teambuilding and just having fun together! The 2 school leadership teams will continue to interact over the coming months.



The Sponsored Walk and the arrival of the container (both mentioned below) ensured that this was yet another quite unique trip to Zambia and a rest was next on the agenda!

### Container result – but what a drama!



We were beginning to doubt our chances of seeing the 3rd container arrive during our visit, but we did, and it was a remarkable moment for us both. After a stop-start-rush-vanish experience, it finally arrived in the dark on Wednesday 5th June to our complete surprise, 2 days before our last day. There was no light by which to do anything on Wednesday, but Moses, the Head, spent the whole of the next morning trying to locate a crane that was robust enough to lift a very heavy 40ft container. The only place he could locate such a beast was in Lusaka, costing an inordinate amount. So, Plan B – how about getting a flat-bed truck to reverse up to the doors of the container so that we could unload the contents and then hire a local crane which would be





capable of lifting the empty container off the truck. Bingo! With said lorry in place, we started unloading at 3.00pm and finished around 6.30pm in the dark. Everything off, accounted for and securely stored for distribution on Friday – our last day at the school. The faces of the few told a glorious picture when the more expensive items appeared at the end of the container. Barry had not reckoned on helping to lift off the 2m high Tambour, metal office cabinets – reawakening memories of the day he and David, a friend from our church, put them on. Then there were all the filing cabinets, reminding us of the Fill a Drawer initiative last Christmas, to which many of you gave so generously. The children in the boys’ house and the girls’ house helped and were so thrilled with their gifts of toiletries and other items. Thank you again for all your support in so many ways to make this shipment possible.

## News from UK

### Not one but TWO Future Pillars walks.

*Kathryn and Rod took up Peter’s challenge – again!*



Winning photo;  
Chalk Cliffs by  
John Harris



Corfe Castle – and  
locals – by Louise  
Werran



Swanage Evening  
Sky by Katy  
Paynter



Survivors’ Photo

“You’ll never walk alone”. How true that was on 1 June 2019. When we announced our second Future Pillars Walk, we could not have known that this would turn out to be not one but two walks... possibly the first event of its kind. Not only did 66 walkers walk between 3 and 29 miles of the Purbeck round in the UK, but at the same time 500 children and supporters undertook their own walk around Kabwe.

It was a beautiful sunny day for the UK walkers. The views were superb and inspired many entries for a photographic competition; winning pictures shown here. The organisation and support were phenomenal; thank you to the walk committee and supporters from Wimborne and Christchurch Methodist Circuit for fielding caterers and administrators.

We met at 6.45am at Swanage Methodist Church where Peter McAughey, our treasurer and walk leader, told us that about 500 children from Kabwe were gathering at that very moment to start their own walk around their town. Two children stood either side of Peter to represent our two towns, and we were invited to imagine that between us we could bridge the gap between Kabwe and Swanage by walking the 8000 kilometres which divide us.

We set off at a brisk pace at 7.30am, heading along the cliffs to Old Harry Rock, and then Studland, with well-timed water and flapjack stops along the route. After 11 miles it was time for a hearty ploughman’s lunch in Corfe village hall (thank you) and then up Knowle Hill, with a photo stop at Grange Arch. The route continued through beautiful Dorset countryside and villages before a final stretch along the South West Coast path towards Durlston Head. As we came down into Swanage, some of the walkers who had finished were there to clap us, while others provided live coverage of the football, which had started before we could finish! We walked together back to Swanage Methodist Church, where more well-wishers were gathered to clap us in and take the survivors’ photo .... before offering us refreshments.

## Our Website

Visit our website for more information on Zambia, Kabwe and our programmes  
[www.futurepillarszambia.org.uk](http://www.futurepillarszambia.org.uk)



Kabwe walkers assemble



Meanwhile, over in Kabwe history was being made by what we think was the town's first ever sponsored walk. Trustee Barry was there to witness the spectacle and send back pictures of children and supporters – including the MP - led by a brass band and majorettes on a march around the town with collecting buckets, banner and T-shirts. A rather more direct approach than our sponsorship forms, collecting at traffic lights and in shops, but it worked!

Thank you to everyone who walked, organised, catered, encouraged and sponsored. The UK walk has raised almost £13,000, while the Kabwe walk raised £1200! Between 66 walkers in the UK and 500 in Kabwe, we covered 11,000 kilometres, far more than the 8,000 kilometres that divide us. We are divided by much more than distance of course - by health, by wealth, by opportunities - but we are true partners and united in our desire to help the orphans and vulnerable children of Kabwe.

#### *Rosemary writes*

What a fantastic day we had in the Purbeck Hills, UK - and simultaneously around Kabwe, Zambia.!!! A world first???

The Dorset weather was perfect and the camaraderie even better. On the UK side the Trustees would like to express their very grateful thanks to the walk committee and walk leaders for organising such a magnificent sponsored event. Terrific! Also, to the support team for all day yummy cakes, an excellent lunch at Corfe Castle Hall, hot drinks and hot pasties, (including veg and vegan) at the finish, water distribution throughout the day, car taxis and backup.

The Walkers did the work and raised the funds – thank you all – but it was a team effort.

## London Marathon



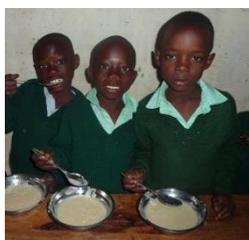
Congratulations to treasurer Peter on an amazing London marathon on April 28th! 4 hours 9 minutes (the minutes being the time he stopped to say hello!) Peter's supporters struggled to keep up with him (on the tube) but were rewarded when he spotted our FPZ T-shirts and came to talk to us. Peter used the event to test out our new free fundraising platform, [Wonderful.org](http://Wonderful.org) – and raised a wonderful £1000.

## Online donations



We are now registered on [Wonderful.org](http://Wonderful.org). Donating to us via [Wonderful.org](http://Wonderful.org) is easy, and there are no fees for either the donor or the charity. What's more, if your donation is eligible for Gift Aid, these wonderful people will collect that for us and pass it on, saving us time and effort. Visit [Wonderful.org](http://Wonderful.org) and search for Future Pillars, or use this link to go straight to our page [Wonderful.org](http://Wonderful.org)

## FEED 5 is being served



We are thrilled to report that the FEED 5 project has been successfully launched, with the number of groups being sponsored into double figures. Each sponsor has been sent a group photograph of 'their' children, along with a picture and information about each child, including their name, age and date of birth.

Not only has the project got off the ground, but we have also received the first communications from sponsors to the children in Kabwe. There is no set formula for these letters and, indeed, we appear to



have covered the whole range with several grandchildren of sponsors writing child-to-child the youngest being 9, through to adult sponsors writing with the most senior being 89!!

To sponsor a group of 5 children costs £20 a month and you can be sure that such a commitment will impact considerably on the children, all of whom have been identified as vulnerable, with many being single or even double-orphaned. Learning stands a chance with some food in the tummy.



If you would like to become a sponsor, or just find out more about the project, please go to our website [www.futurepillarszambia.org.uk](http://www.futurepillarszambia.org.uk) and follow the link to Programmes, then Feeding...or click [here](#)

On behalf of the children,  
Thank you for your support.

## Looking Ahead

### Christmas is coming....



Well almost! This year we will once again be selling Christmas cards, this time featuring photographs of the children and young people of Kabwe. All photos were taken during trustee visits and the cards are being designed and printed for us by supporters. Watch out for a preview soon, and for news of how you can buy and support us at this special time of year.

### Building works....



We have long wanted to improve accommodation at Kabwe but have never had the funds. We hope our dreams will very soon become a reality, thanks to generous support both in the UK and in Zambia. Look out for news on social media and in our next newsletter.

### Another container....

Barry and Becky have started collecting donations for another container.... Watch this space for more news of how you can help.

### And another walk....



If you follow us on Facebook, you will know that Peter is already planning another walk:

When? **Saturday 20th June 2020**

Where? Woolacombe in North Devon

What can you expect? One base camp all day. Guided figure of eight type course with food and water stops

Views? Of course, plenty! Honestly, what's not to like? You know he always books the☀!

### Can you help?

We hope you have enjoyed news of the projects you have supported. We need £80,000 a year just to maintain the existing activities in Kabwe. If we are to develop these projects, we are going to need to raise at least

**£100,000** a year – and we will need your help to do so:

- Could you organize an event to spread the word and raise more support?
- Could you make a regular donation?
- Would you like to join us on a trip to Kabwe and help out on the ground?

Speak to a trustee or contact us using the details provided if you would like to talk about these or any other ideas!

**Thank you**

#### Contact Us

Future Pillars (Zambia)  
Reg Charity no 1173534  
25 Vicarage Road  
Verwood  
BH31 6DR  
UK

[www.futurepillarszambia.org.uk](http://www.futurepillarszambia.org.uk)

[trustees@futurepillarszambia.org.uk](mailto:trustees@futurepillarszambia.org.uk)



# Future Pillars

Empowering vulnerable children in Zambia

Future Pillars (Zambia) UK Registered

Charity number 1173534

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Verwood, Dorset

BH31 6DR

trustees@futurepillarszambia.org.uk

01202 824339

## DONATION FORM

To make a one-off or monthly donation please provide the following information. The easiest way is to set up using online banking but you can also complete and detach section 4 and take this to your bank manager to set up the standing order arrangement.

**SECTION 1 — PERSONAL DETAILS** (it is far cheaper and easier for us to send information including newsletters by e mail but please do contact us if you have an alternative preference for communication).

Full name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_

Telephone \_\_\_\_\_

E mail \_\_\_\_\_

**SECTION 2 — DONATION SUM** All funds are hugely appreciated. We pledge that 100% of funds raised go directly to our approved programmes in Zambia. All UK costs are met by specific donations by FPZ Trustees. As an example it currently costs £4 a month to feed each child a nutritious meal every school day and it costs £12 a month to sponsor a child to Upper Secondary level so they can gain a crucial qualification and have hope for a better future. You can make a real difference. Please pay to FUTURE PILLARS (ZAMBIA), Lloyds Bank PLC, Sort code 30-84-87 account number 39911960. Or kindly include a cheque/cash.

One off donation

Cheque/cash enclosed

Monthly donation until further instruction

Date of donation (or first donation)

### SECTION 3 – GIFT AID DECLARATION

Boost your donation by 25p of Gift Aid for every £1 you donate!

I am a UK Taxpayer

Please treat all donations I make now and in the future and since 22 June 2017 as Gift Aid donations until further notice. I confirm that I am a UK Income or Capital Gains Tax Payer. I have read this statement and want the Charity named above to reclaim tax on the donation detailed above given on the date shown. I understand that if I pay less Income Tax or Capital Gains tax in the current tax year then the amount of Gift Aid claimed on all of my donations it is my responsibility to pay any difference. Please contact the charity if you wish to cancel this declaration or change address details etc.

X .....

### SECTION 4 — TO SEND TO YOUR BANK

To the manager of \_\_\_\_\_ Bank at (address) \_\_\_\_\_

Account number \_\_\_\_\_ Sort Code \_\_\_\_\_

I wish to make a regular donation to Future Pillars (Zambia) of £ \_\_\_\_\_ as stated above, commencing on \_\_\_/\_\_\_/20\_\_

Please pay the above sum commencing on the above date to FUTURE PILLARS (ZAMBIA), Lloyds Bank PLC, Sort code 30-84-87 account number 39911960, until further instruction in writing.



THANK YOU SO MUCH FOR YOUR SUPPORT