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## Route Information

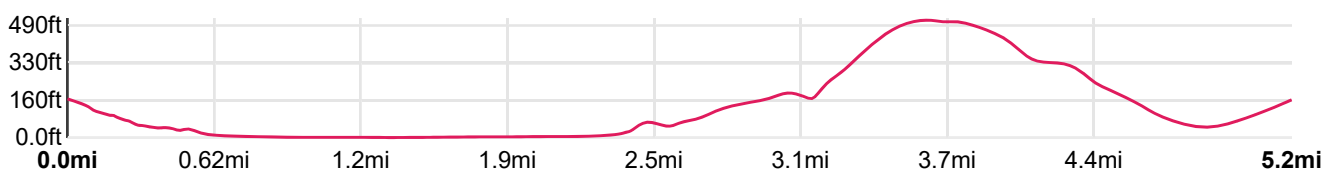
Route Name Beach & Downs Amble

This is the one for you if the morning has taken too much out of your legs and energy levels! Or ideal for families with young children because there could be ice cream involved. It's intended to be a gentle amble along the beach (maybe even some paddling?) to the turnaround point at Puttsborough. There is a cafe there plus toilets and our team should be on hand with water top ups. The beach was used by the American Forces in the build up to the D Day landings in 1944 because of the similarities to the Normandy Coast. It's a slow pull up to the top of Woolacombe Downs high above the dunes. Your efforts are rewarded with fine views in all directions. Potter's Hill is the target and there's a wonderful cairn there to snap a few photos and rest before the final descent into the village.

## Route Summary

Total Distance 5.2mi (8.3km) Walk 2h 15min  
 Elevation 0ft at lowest point  
 523ft at highest point  
 Total Ascent 789ft

## Elevation Profile



## Route Card

#	OS Grid Ref	Dist from start	Latitude	Longitude	Elevation
1	SS 461 437 START: Woolacombe Village Hall Dist to next: 2.36mi, Bearing to next: 207°, Ascent to next: 53ft	0.00mi	51° 10' 20" N	4° 12' 5" W	169ft
2	SS 446 407 Puttsborough Beach Cafe Dist to next: 0.08mi, Bearing to next: 184°, Ascent to next: 61ft	2.36mi	51° 8' 43" N	4° 13' 17" W	23ft
3	SS 446 406 Public Toilets Dist to next: 1.77mi, Bearing to next: 27°, Ascent to next: 552ft	2.45mi	51° 8' 38" N	4° 13' 18" W	84ft
4	SS 459 430 Potter's Hill Dist to next: 0.95mi, Bearing to next: 20°, Ascent to next: 123ft	4.21mi	51° 9' 56" N	4° 12' 18" W	336ft
5	SS 461 437	5.16mi	51° 10' 20" N	4° 12' 6" W	165ft